

September 2026 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	OUTDOOR ACTIVITIES ARE SUBJECT TO CHANGE DEPENDING ON THE WEATHER	1 10:15 Stretches & September News 1:30 Toss the Hoop	2 10:15 CHAIR YOGA 1:30 ELDER & FAMILY COUNCIL MEETING	3 1:30 Bingo 6pm MY HILARIOUS JOB HISTORY MARIE ANNE H. B-DAY	4 10:15 STRETCHES & LABOR DAY TRIVIA 1:30 SING-A-LONG	5 10:15 MANICURES 1:30 LAWN DARTS
6 10:15 WORSHIP SERVICE 1:30 Baseball Toss	7  OFFICE CLOSED	8 10:15 CHAIR DANCING 1:30 Monthly Birthday Party w/Cal Wookey BETTE H. & ELAINE P. B-DAY	9 10:15 STRETCHES & LABOR DAY TRIVIA 1:30 LAWN DARTS	10 1:30 Making Apple Pies w/1 st Floor Ivy Trails & Ramblin Rose 6pm BOCCI BALL	11 10:15 Morning Stretches 2:00 Piano by Sue	12 10:15 MANICURES 1:30 SHAKE LOOSE A MEMORY0
Grandparents Day 13 10:15 WORSHIP SERVICE 2:30 PROVIDENCE CHURCH DOROTHY F. B-DAY	14 10:15 STRENGTHENING EXERCISES 1:30 KERPLUNK	15 10:15 FUN & FITNESS 1:30 YATZEE	16 10:15 GROUP CROSSWORD PUZZLE 1:30 FALL CLEAN UP	17 1:30 Bingo 6pm Guess the Pastime Phrase	18 10:15 FITNESS & OCCUPATIONAL FOOD FOR THOUGHT 1:30 SPELLING BEE	19 10:15 RIBBON DANCING 1:30 FALL COLORING & WORD SEARCH BILL G.. B-DAY
20 10:15 WORSHIP SERVICE 1:30 Baseball Toss	21 10:15 STRENGTHENING EXERCISES 1:30 BIBLE STUDY “THE LORD IS MY SHEPHERD” PSALM 23	Fall is Here! 22 10:15 FUN & FITNESS 1:30 TABLE PONG	23 10:15 CHAIR YOGA 1:30 FALL CLEANUP JANICE B. B-DAY	24 1:30 Making Apple Pies w/2 nd Floor Marigold Lane & Blueberry Bay 6pm HAPPY HOUR W/GEOFF ERICKSON	25 10:15 LEAF TRIVIA & FALL CLEANUP 2:00 Piano by Sue	26 10:15 RIBBON DANCING 1:30 MATH QUIZ & WHO SAID THAT?
27 10:15 WORSHIP SERVICE 2:30 PROVIDENCE CHURCH	28 10:15 Morning Stretches 1:30 PLINKO	29 10:15 CHAIR YOGA 1:30 Ladder Ball	Truth & Reconciliation Day OFFICE CLOSED			

PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES