

WESTERN CANADA MENU Spring/Summer 2026						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			Breakfast			
RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST
Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices
Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat
Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety	Puree Egg	Cold Cereal Variety	Cold Cereal Variety
Toast/Muffin	Toast/Muffin	Toast/Muffin	Toast/Muffin		Toast/Muffin	Toast/Muffin
Egg	Egg	Egg	Egg		Egg	Egg
Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection	Puree Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea

Lunch						
Cream of broccoli soup	Tomato florentine soup	Navy bean with ham soup	Chicken rice soup	Mulligatawny veg. soup	Cream of cauliflower soup	Chef Special soup
Egg salad sandwiches	California chicken salad	Cheese tortellini with Marinara	Perogies with garlic sausage/sour cream	Pizza	Peaches and cream french toast	Turkey burger/lettuce and tomato
Coleslaw	Dinner roll	Ceasar salad	Bean salad	Salad with carrots/Italian dressing	Sausages	Mandarin spinach salad/balsamic dressing
	Tomato/cucumber slices		Fruit cocktail		Pancake syrup	
Diced peaches	Cantaloupe	Mandarin oranges		Mango	Strawberries	Diced pears
or	or	or	or	or	or	or
Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs

PM SNACK						
Beverage as Requested	Beverage as Requested	Beverage as Requested	Beverage as Requested	Beverage as Requested	Beverage as Requested	Beverage as Requested
Double chocolate cookies	Honey drop cookies	Ranger cookies	chef's choice cookies	peanutbutter cookies	Raisin drop cookies	Angel Cookies

Dinner						
Baked Pollock fillets/dill lemon sauce	Sweet and sour pork	Chicken roasted with sage	Taco lasagna	Turkey Paprikash	Italian beef stew	Pork roast/gravy
Tarragon/lemon roasted potatoes	Steamed rice	Roast potato	Tater tots	Parslied egg noodles	Biscuit	Garlic mashed potato
Sliced carrots	Corn	Squash	Peas	Green beans	Broccoli	Italian mix veggies
Chocolate and vanilla swirl cake	French Vanilla Ice Cream	Lemon Mousse	Cherry Tart	Raspberry jello	Rainbow Sherbert	Citrus cake
With whip topping						
Or	or	or	or	or	or	or
Salisbury steak/french onion sauce	Turkey stew	Hawaiian ham	Pork cutlets	Battered haddock	Turkey pie	Veal Cutlet

May 18-24 June 8-14 June 29-July5 July 20-26 Aug 10-16 Aug 31-Sept 6 Sept 21-27

X _____
Food Services Manager

X _____
Administrator

X _____
Dietitian