

WESTERN CANADA MENU Spring/Summer 2026						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST	RELAXED BREAKFAST
Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices	Assorted Pure Juices
Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat	Oatmeal/Cream of Wheat
Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety	Cold Cereal Variety
Toast/Muffin	Toast/Muffin	Toast/Muffin	Toast/Muffin	Toast/Muffin	Toast/Muffin	Toast/Muffin
Egg	Egg	Egg	Egg	Egg	Egg	Egg
Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection	Fruit/Yogurt Selection
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea

Lunch						
Cream of carrot and dill soup	Zucchini soup	Cream of celery soup	Chicken barley soup	Italian Wedding soup	Hungarian mushroom soup	Fiesta chicken chowder
HotDogs!	Turkey pot pie/Gravy	Chicken fingers/Ceasar salad	Roast beef/lettuce sandwich	Spanish Omelette	Beef Taco Salad	Pancakes
Beet and onion salad	Tossed salad with garden veggies	Fries/Plum sauce	Marinated carrot salad	Tossed salad/Ranch	Garlic bread	Sausages/Fruit compote
Strawberries	Apricot	Melons	Fruit cocktail	Cinnamon Apple slices	Mandarin oranges	Pineapple
OR	OR	OR	OR	OR	OR	OR
Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs	Assorted Sandwichs

PM SNACK						
Beverage as Requested	Beverage as Requested	Beverage as Requested	Beverage as Requested	Beverage as Requested	Beverage as Requested	Beverage as Requested
Chocolate chip cookies	ginger snap cookies	pumpkin cookies	oatmeal raisin cookies	sugar cookies	Peanutbutter cookies	assorted cookies

Dinner						
Swedish Meatballs	Pork chops/Gravy	Lemon pepper sole	Farmers sausage	Thai curry chicken thigh	Turkey mashed potato casserole	Roast beef/gravy
Garlic mashed potatoes	Broad noodles	Paprika Potatoes	scalloped potatoes	fluffy rice		Mashed Potatoes/Gravy
Cocktail vegetables	Peas	Cream style corn	Green Beans	Sunrise veggies	Broccoli	PEI blend
Apple Crisp	Icecream Sandwich	Caramel cheesecake	Strawberry mousse	Chocolate brownies	Lemon/Lime/strawberry jello!	Peach pie
OR	OR	OR	OR	OR	OR	OR
Country fried chicken	Turkey a la king	Salisbury steak	Chicken cutlets	Vegetarian chili	Marinated pork tenderloin	Baked chicken breast

May 11-17

June 1-7

June 22-28

July 13-19

Aug 3-9

Aug 24-30

Sept 14-20

X

Food Services Manager

X

Administrator

X

Dietitian