

WESTERN CANADA MENU SPRING/SUMMER 2019

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	May-13, Jun-3, Jun-24, Jul-15, Aug-5, Aug-26, Sep-16, Oct-7	May-14, Jun-4, Jun-25, Jul-16, Aug-6, Aug-27, Sep-17, Oct-8	May-15, Jun-5, Jun-26, Jul-17, Aug-7, Aug-28, Sep-18, Oct-9	May-16, Jun-6, Jun-27, Jul-18, Aug-8, Aug-29, Sep-19, Oct-10	May-17, Jun-7, Jun-28, Jul-19, Aug-9, Aug-30, Sep-20, Oct-11	May-18, Jun-8, Jun-29, Jul-20, Aug-10, Aug-31, Sep-21, Oct-12	May-19, Jun-9, Jun-30, Jul-21, Aug-11, Sep-1, Sep-22, Oct-13
BREAKFAST	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt Selection	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt Selection	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt Selection	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg/ Bacon Fruit/Yogurt Selection	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt Selection	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg Fruit/Yogurt Selection	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffin Egg/ Sausage Fruit/Yogurt Selection
	LUNCH	Chicken Vegetable with Orzo Pasta Soup Ham & Onion Strata Marinated Tomato Salad Mandarin Oranges OR Assorted Sandwiches	Minestrone Soup Roast Beef Sandwich Carrot Pineapple Salad Diced Pears OR Assorted Sandwiches	Cream of Mushroom Soup Chicken Wings Spring Mix Salad Cheese Stick Fruit Cocktail OR Assorted Sandwiches	Tomato Basil Soup Beef Taco Salad Garlic Toast Diced Cantaloupe Assorted Sandwiches	Beef Barley Cottage Cheese Fruit Plate Sunshine Salad Fresh Muffin Mousse/Whipped Topping OR Assorted Sandwiches	Tomato Juice Hot Dog on a Bun Pasta Salad Sherbert OR Assorted Sandwiches
PM	Angel Cookie Beverage as Requested	Cinnamon Loaf Beverage as Requested	Baked Assortment Beverage as Requested	Chocolate Chip Cookie Beverage as Requested	Apple Turnover Beverage as Requested	Turnover Cookie Beverage as Requested	Baked Assortment Beverage as Requested
DINNER	Country Style Chicken Potato Salad Bean Salad Banana Cake OR Turkey Sausage	Cranberry Pork Loaf Herbed Potatoes Yellow & Orange Carrots Tapioca Pudding OR Liver & Onions	Swedish Meatballs Broad Noodles Scandinavian Vegetable Mix Chocolate Cream Pie OR Breaded Fish	Chicken Stir Fry Fried Rice Oriental Vegetables Cherry Tart OR Glazed Sliced Ham	Perch Filet Grilled Hash Browns Florentine Vegetable Mix Coffee Cake OR Salisbury Steak with Gravy	Oktoberfest Sausage with Sauerkraut Parsley Boiled Buttered Potatoes Sunrise Vegetables Strawberries & Cream OR Veal Cutlet/Gravy	Roast Beef with Gravy Mashed Potatoes California Mix Vegetables Lemon Meringue Pie OR Pork Ribette
	HS	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested

MILK (3.5 CUPS / 875 ML) PLUS TEA OR COFFEE SERVED AT BREAKFAST, LUNCH, DINNER AND SNACKS

(AT LUNCH ALT. MEAL SERVED WITH FIRST CHOICE VEG) UNLESS NOTED

AT DINNER ALT. MEAL SERVED WITH FIRST CHOICE STARCH AND VEG UNLESS NOTED

(SIDE SALAD 125mL WITH DRESSING IS OFFERED AT DINNER)

BREAD, MARGARINE AND/OR CRACKERS OFFERED AT LUNCH AND DINNER