

October 2026 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 1:30 BINGO 6 PM HOCKEY SHOTS ON NET	2 10:15 TAI CHI 1:30 Spelling Bee	3 10:00 MANICURES & Ring Cleaning 1:30 RIBBON DANCING
4 10:15 WORSHIP SERVICE 1:30 BEAN BAG TOSS (4-8pm GR booked)	5 10:15 Strengthening Exercises 1:30 BIBLE STUDY	6 10:15 LET'S GO ON A HIKE! EXERCISE 1:30 BASEBALL TOSS	7 10:15 FUN & FITNESS 1:30 DANIEL O'DONNELL DVD (Rose preparing for our Thanksgiving Tea)	8 6 PM Thanksgiving Tea w/Guitarist "TATE"	9 10:15 Chair Dancing Around the World 1:30 Sing-a-long VIOLET K. B-DAY 🎈	10 10:00 MANICURES & RING CLEANING 1:30 FITNESS AND "TURKEY TICKLERS" (3-7pm GR booked)
11 2:30 PROVIDENCE CHURCH	12 	13 10:15 HOW MANY WORDS FROM "THANKSGIVING" 1:30 Birthday Party w/Guitarist Cal Wookey	14 10:15 FUN & FITNESS 1:30 In House Bowling	15 1:00 BINGO 2:30 TOWN HALL MEETING 6 PM TABLE PONG	16 10:30 Heather & Darcie in Leadership Meeting 2:00 Piano by Sue	17 10:15 Graceful Ballet Exercises 1:30 Shake Loose a Memory
18 10:15 WORSHIP SERVICE 1:30 BEAN BAG TOSS	19 10:15 Strengthening Exercises 1:30 BIBLE STUDY	20 10:15 STRETCHES & EVERYBODY'S "BOO" TIFUL 1:30 GUESS THE PHRASE ANNALIESE R.- B-DAY 🎈	21 10:15 Group Crossword Puzzle 1:30 KERPLUNK	22 1:30 Halloween BINGO & Treats 6 PM KIDS HALLOWEEN PARADE & PARTY	23 10:15 Chair Yoga 1:30 Spelling Bee	24 10:15 TAI CHI 1:30 PUZZLE TIME
25 10:15 WORSHIP SERVICE 2:30 PROVIDENCE CHURCH (YOUNG PEOPLE)	26 10:15 Strengthening Exercises 1:30 PLINKO BETTY B.- B-DAY 🎈	27 10:15 Chair Dancing 1:30 LARGE YATZEE GAME	28 10:15 FUN & FITNESS 1:30 DECORATING PUMPKINS PEARL M. B-DAY 🎈	29 1:30 BINGO 6 PM TABLE SHUFFLE	30 10:15 Chair Yoga 2:00 Piano by Sue	31 10:15 Fitness & History on Jack-O-Lanterns 1:30 Musical Dressup CHARLES T. B-DAY 🎈

PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES