

October 2025 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 10:00 STRETCHES AND OCTOBER NEWS 1:30 In House Bowling	2 1:30 BINGO 6 PM HOCKEY SHOTS ON NET	3 10:00 TAI CHI 2:00 Piano by Sue MARGARET B.- B-DAY 	4 10:00 MANICURES 1:30 RIBBON DANCING JOAN M.- B-DAY 
5 10:15 WORSHIP SERVICE 2:30 PROVIDENCE CHURCH	6 10:00 Strengthening Exercises 1:30 BIBLE STUDY	7 10:00 LET'S GO ON A HIKE! EXERCISE 1:30 DANIEL O'DONNELL DVD (HEATHER PREPARING FOR THANKSGIVING TEA)	8 10:00 HOW MANY WORDS FROM "THANKSGIVING" 1:30 Bucket of Balls	9 2:00 Thanksgiving Tea w/Guitarist "TATE" VIOLET K. B-DAY 	10 10:00 Chair Dancing Around the World 1:30 Sing-a-long	11 10:00 MANICURES 1:30 FITNESS AND "TURKEY TICKLERS"
12 10:15 WORSHIP SERVICE 1:30 THANKSGIVING POEMS	13 	14 10:00 FUN & FITNESS 1:30 Birthday/Halloween Party w/Guitarist Cal Wookey	15 10:00 Group Crossword Puzzle 1:30 Skee Ball LINDA H.- B-DAY 	16 1:00 BINGO 2:30 TOWN HALL MEETING 6 PM TABLE PONG	17 2:00 Piano by Sue	18 10:30 Graceful Ballet Exercises 1:30 Shake Loose a Memory
19 10:15 WORSHIP SERVICE 1:30 BEAN BAG TOSS	20 10:00 Strengthening Exercises 1:30 DANIEL O'DONNELL DVD (HEATHER IN LEADERSHIP MEETING)	21 10:00 STRETCHES & EVERYBODY'S "BOO"TIFUL 1:30 GUESS THE PHRASE	22 10:00 Group Crossword Puzzle 1:30 DECORATING PUMPKINS	23 1:30 Halloween BINGO & Treats 6 PM KIDS HALLOWEEN PARADE & PARTY	24 10:00 Chair Yoga 1:30 Spelling Bee	25 6:45 Coffee and October Crossword Puzzles on the neighborhoods
26 2:30 PROVIDENCE CHURCH (YOUNG PEOPLE) MARYANNE W. B-DAY 	27 10:00 Fitness & History on Jack-O-Lanterns 1:30 PLINKO	28 GOOD MORNING! TUESDAY MAY LOVE BE IN YOUR HEART, MAY HOPE BE IN YOUR HEART, MAY PEACE BE IN OUR WORLD	29 1:30 Bean Bag Toss with Kelly and Karen	30 1:30 Spooky Activity with Twyla, Peter and Melanie	31 	

PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES