October 2024 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:30 STRETCHES AND OCTOBER NEWS 1:30 BASEBALL TOSS	10:30 FITNESS & FINISH THE LINES 1:30 Balloon Volleyball	1:30 Toss the Hoop 6 PM BINGO	2:00 Piano by Sue	5 10:00 MANICURES 1:30 RIBBON DANCING
6 10:30 Worship Service 1:30 Bean Bag Toss	7 10:30 Strengthening Exercises 1:30 BIBLE STUDY	10:30 LET'S GO ON A HIKE! EXERCISE 1:30 STORY TIME & HOT CHOCOLATE	9 10:30 How MANY WORDS FROM "THANKSGIVING" 1:30 Bucket of Balls	1:30 Ladder Ball 6 PM Happy Hour w/Tom the Irish Cowboy	10:30 Chair Dancing Around the World 2:00 Piano by Sue	10:00 MANICURES 1:30 FITNESS AND "TURKEY TICKLERS"
13 10:30 DEVOTIONS & HYMN SING 1:30 WASHER TOSS	14	2:00 pm Thanksgiving Tea & Entertainment by Guitarist Cal Wookey LINDA H B-DAY	1:30 Bucket of Balls 6 PM MOVIE NIGHT & POPCORN	17 10:30 Fun & Fitness 1:30 BINGO	18 2:00 Piano by Sue	19 10:30 Outdoor walk & "I Spy" 1:30 Shake Loose a Memory
20 10:30 WORSHIP SERVICE 2:30 PROVIDENCE CHURCH	10:30 Strengthening Exercises 1:30 BIBLE STUDY	10:30 STRETCHES & EVERYBODY'S "BOO"TIFUL 1:30 GUESS THE PHRASE ALICE N B-DAY	10:30 Group Crossword Puzzle 1:30 DECORATING PUMPKINS	1:30 PAST & PRESENT 6 PM KIDS HALLOWEEN PARADE & PARTY	10:30 Chair Yoga 2:00 Piano by Sue	10:30 Stretches & Family Tree 1:30 Toss the Hoop MARYANNE W. B-DAY
27 10:30 DEVOTIONS & HYMN SING 2:30 PROVIDENCE CHURCH	*Give a smile *Receive a smile	10:30 Sit n' Dance 1:30 Birthday/Halloween Party w/Guitarist "TATE"	10:30 Fun & Fitness 1:30 In House Bowling	31 10:30 Fitness & History on Jack-O-Lanterns 1:30 Halloween BINGO & Treats SUSAN F B-DAY		