

October 2019 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>HIGHLIGHTED NUMBERS</b> INDICATES A HOLIDAY</p> 	<p>ALL ACTIVITIES ARE HELD IN THE GATHERING ROOM ON THE MAIN FLOOR UNLESS OTHERWISE SPECIFIED</p>	<p>1 10:15 SIT AND DANCE DVD 1:15 LET'S TALK ABOUT OCTOBER</p>	<p>2 10:15 EXERCISE CIRCLE 1:15 HOW MANY WORDS FROM "THANKSGIVING" Lois H. B-DAY </p>	<p>3 11:00 LUNCH OUTING WITH 1<sup>ST</sup> FLOOR TO "MAXIME'S"... LET'S DRESS OUR BEST</p>	<p>4 10:15 STRETCHES &amp; FINISH THE LINES 1:15 BEACH BALL CIRCLE</p>	<p>5 10:15 LET'S GO ON A HIKE! EXERCISE 1:15 IN HOUSE BOWLING</p>
<p>6 10:30 DEVOTIONS &amp; HYMN SING 1:15 BEAN BAG TOSS</p>	<p>7 10:15 FUN &amp; FITNESS 1:15 BIBLE STUDY WITH 2<sup>ND</sup> FLOOR</p>	<p>8 8:00 a.m. Mens Breakfast 1:00 PREPARING FOR AND MAKING APPLE PIES</p>	<p>9 10:15 MORNING STRETCHES 1:15 BEAN BAG TOSS</p>	<p>10 10:15 FITNESS AND "TURKEY TICKLERS" 1:15 CHICKEN  SOUP FOR THE SOUL "SHORT STORIES"</p>	<p>11 10:15 TAI CHI 1:30 "HAPPY HOUR" W/ALMOST ANGELS</p>	<p>12 1:15 SHUFFLEBOARD 6:15PM SHAKE LOOSE A THANKSGIVING MEMORY W/APPLE CIDER &amp; CINNAMON TREATS</p>
<p>13 10:30 DEVOTIONS &amp; HYMN SING 1:15 LADDER BALL 2:30 PROVIDENCE CHURCH BARRY M. B-DAY </p>	<p>14 </p>	<p>15 10:15 ARK CERAMICS 1:15 HANG MAN WITH KATIA</p>	<p>16 10:15 EXERCISE CIRCLE 1:15 Group Crossword Puzzle WALTER P. B-DAY </p>	<p>17 10:15 Basketball Exercise 1:15 25 WORDS OR LESS</p>	<p>18 1:30 Daniel O'Donnell DVD</p>	<p>19 10:15 SING ALONG WITH GUITARIST BRIAN MCMILLAN</p>
<p>20 1:30 SALVATION ARMY</p>	<p>21 8:30-12:00pm Federal Election polling station @ REPC 1:15 SIT AND CHAT</p>	<p>22 1:15 MANICURES AND SINGING 6:30 MONTHLY B- DAY/HALLOWEEN PARTY W/JOYFUL SOUND</p>	<p>23 10:15 LET'S GO ON A HIKE! EXERCISE 1:15 DECORATING PUMPKINS</p>	<p>24 1:30 HOW MANY WORDS FROM "HALLOWEEN" 6:30PM ELDER/STAFF &amp; KIDS HALLOWEEN PARADE</p>	<p>25 9:30 Catholic Service Followed by Singing 1:15 DISSECTING THE PUMPKINS</p>	<p>26 10:15 TAI CHI 1:15 WASHER TOSS NORMA A. B-DAY </p>
<p>27 10:30 DEVOTIONS &amp; HYMN SING 1:15 BEAN BAG TOSS 2:30 PROVIDENCE CHURCH</p>	<p>28 10:15 EXERCISE CIRCLE 1:15 BIBLE STUDY WITH 1<sup>ST</sup> FLOOR</p>	<p>29 10:15 FUN &amp; FITNESS 1:15 HALLOWEEN BINGO AND TREATS</p>	<p>30 10:15 Dance around the world DVD 1:15 EVERYBODY'S "BOO"-TIFUL AND SCARECROW CROSSWORD</p>	<p>31  10:15 History on Jack- O-Lanterns 1:30 "HAPPY HOUR" W/HALLOWEEN &amp; POLKA MUSIC</p>		<p>*Give a smile *Receive a smile</p> 

\*PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES\*