November 2026 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:15 Worship Service 1:30 Bean Bag Toss	**2** 10:15 Stretches & November News 1:30 Kerplunk	**3** 10:15 Graceful Ballet Exercises 1:30 GUESS THE SONG TITLE	**4** 10:15 Fun and Fitness 1:30 Liturgy Service	**5** 11:15 1st Floor (Ivy & Ramblin) Outing to Original Pancake House 6PM HAPPY HOUR W/GEOFF ERICKSON	**6** 10:15 Chair Dancing 1:30 SING-A-LONG	**7** 10:00 Manicures 1:30 PIANO STUDIO W/MEL KOOP
8 10:15 Worship Service 2:30 Providence Church	**9** 1:30 Daniel O'Donnell DVD Margaret B.-B-day	**10** 10:15 Stretches w/Laura 1:30 MONTHLY BIRTHDAY PARTY WITH GUITARIST CAL WOOKEY	**11**  Office Closed	**12** 1:30 BINGO 6PM HOCKEY SHOTS ON NET	**13** 10:15 Chair Yoga 2:00 PIANO BY SUE	**14** 10:00 Manicures 1:30 SHAKE LOOSE A MEMORY
15 10:15 Worship Service 1:30 Bean Bag Toss Verne R.-B-day	**16** 10:15 Strengthening Exercises 1:30 Bible Study	**17** 10:15 Ribbon Dancing 1:30 LARGE YATZEE GAME	**18** 10:15 Fun and Fitness 1:30 Liturgy Service	**19** 11:15 2nd Floor (B.Bay& Marigold) Outing to Original Pancake House 6PM HORSE RELAY RACES	**20** 10:15 Tai Chi 1:30 SING-A-LONG	**21** 10:15 Decorating Christmas Trees 1:30 Bean Bag Toss
22 10:15 Worship Service 2:30 Providence Church (Young People)	**23** 10:15 Strengthening Exercises 1:30 Plinko	**24** 10:15 Sit n' Dance 1:30 Share about a Family Heirloom (Show/Tell)	**25** 10:15 Chair Dancing 1:30 Bounce a Bucket of Balls Marilyn L.-B-day	**26** 1:30 BINGO 6PM TABLE PONG	**27** 10:15 Sit n' Dance 2:00 PIANO BY SUE	**28** 10:15 Decorating Christmas Trees 1:30 Shake Loose a Christmas Memory
29 10:15 Worship Service 1:30 Bean Bag Toss	**30** 10:15 Strengthening Exercises 1:30 Bible Study					

PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES