

November 2024 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>HIGHLIGHTED NUMBERS INDICATES PROVINCIAL HOLIDAY</p>				1 10:30 Fitness & November News 2:00 PIANO BY SUE	2 10:00 Manicures 1:30 Fitness and Finish the Lines
3  Fall back-Daylight Savings 10:30 DEVOTIONAL AND Hymn Sing 1:30 Bean Bag Toss	4 10:30 Strengthening Exercises 1:30 Bible Study	5 10:30 Stretches & Chair Dances 1:30 HOW MANY WORDS FROM "REMEMBRANCE DAY"	6 10:30 Fun & Fitness 1:15 Remembrance Day Service #9 Legion	7 1:30 BINGO 6PM HAPPY HOUR W/PLAY-IT-AGAIN HARVEY	8 2:00 PIANO BY SUE	9 10:00 Manicures 1:30 PIANO STUDIO W/MEL KOOP
10 10:30 DEVOTIONAL AND Hymn Sing 2:30 Providence Church Millie S. & Adrian D. B-Day	11  <div style="border: 1px solid red; padding: 5px; display: inline-block;"> 2-5pm G.Room booked for Family Party </div> <div style="border: 1px solid blue; padding: 2px; display: inline-block;"> Office Closed </div>	12 11:00 1 st Floor (Ramblin Rose & Ivy Trails) Outing to Pancake House	13 10:30 Fun & Fitness 1:30 In House Bowling	14 9:30 Grade 2 Students from Bernie Wolf School visiting 1:30 Daniel O'Donnell DVD	15 2:00 PIANO BY SUE	16 10:30 Chair Yoga 1:30 LADDER BALL
17 10:30 DEVOTIONAL AND Hymn Sing 1:30 Afternoon Movie	18 10:30 Strengthening Exercises 1:30 Bible Study	19 10:30 STRETCHES and Finish the song Lyrics 1:30 Monthly Birthday Party w/Guitarist Cal Wookey	20 10:30 Fun & Fitness 1:30 Shots on Net (Hockey)	21 1:30 Bingo 6PM HAPPY HOUR W/CHRISTMAS CAROLS	22 10:30 Sit n' Dance 2:00 PIANO BY SUE	23 10:30 Ribbon Dancing 1:30 Bean Bag Toss
24 10:30 DEVOTIONAL AND Hymn Sing 2:30 Providence Church	25 	26 11:00 2 nd Floor (Blueberry Bay & Marigold Lane) Outing to Pancake House	27 10:30 Fun & Fitness 1:30 Shots on Net (Hockey)	28 1:30 Bingo 6PM BOUNCE A BUCKET OF BALLS	29 10:30 Chair Yoga 2:00 PIANO BY SUE	30 10:30 Chair Dancing Around the World 1:30 SHAKE LOOSE A CHRISTMAS MEMORY

PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES