

November 2017 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>HIGHLIGHTED NUMBERS INDICATES HEATHER IS NOT IN - VOLUNTEERS ARE WELCOME!!</p>			<p>1 2:00 - "EYE SPY" FOLLOWED BY COFFEE & TEA ON THE NEIGHBORHOODS 6:45 - SING-A-LONG WITH STAFF ON YOUR NEIGHBORHOODS</p>	<p>2 10:15 EXERCISE CIRCLE & NOVEMBER NEWS 1:15 DISSECTING THE PUMPKINS <u>OR</u> PM WALK ABOUT</p>	<p>3 10:15 LADDER BALL 1:15 BASEBALL TOSS</p>	<p>4 10:15 FITNESS & "MUM'S" THE WORD 1:30 Piano Studio w/Mel Koop  Fall back-Daylight Savings on the 5th</p>
<p>5 *REMEMBER TO SET YOUR TIME BACK 1 HOUR* 10:15 DEVOTION AND SUNDAY SING-A-LONG 1:15 SHUFFLEBOARD AND SNACK</p>	<p>6 10:30 Classic Oldies Sing-A-Long DVD</p>	<p>7 10:30 Celebrations Dinner Theatre for Lunch and performance "Bewitching Elvis"</p>	<p>8 10:15 STRETCHES & WORD GAME 1:15 HOW MANY WORDS FROM "REMEMBRANCE DAY"</p>	<p>9 1:15 "REMEMBRANCE DAY SERVICE" W/ROYAL CANADIAN LEGION 6:15PM BINGO & COFFEE</p>	<p>10 10:15 Morning stretches & "REMEMBERING OUR LOVED ONES" 1:30 "Happy Hour" w/Cal Wookey</p>	<p>11 REMEMBRANCE DAY </p>
<p>12 2:30 PROVIDENCE CHURCH</p>	<p>13 10:15 EXERCISE VIDEO 1:15 FAMILY HEIRLOOM SHOW 'N TELL</p>	<p>14 10:15 BALLOON MANIA 1:15 Holiday Tea Outing @The Childrens Museum</p>	<p>15 2:00 - WALK ABOUT FOLLOWED BY COFFEE & TEA ON THE NEIGHBORHOODS 6:45 - FUN FACTS WITH STAFF ON THE NEIGHBORHOODS</p>	<p>16 1:30 The Best of "Abbott & Costello" DVD</p>	<p>17 10:15 MORNING STRETCHES AND WORD GAME 1:30 "Happy Hour" w/Andre Viallet</p>	<p>18 10:15 WALK ABOUT AND SINGING 1:15 FUN FACTS ABOUT "POMEGRANATES"</p>
<p>19 2:00 - WALK ABOUT FOLLOWED BY COFFEE & TEA ON THE NEIGHBORHOODS 6:45 - SHAKE LOOSE A MEMORY WITH STAFF ON YOUR NEIGHBORHOODS</p>	<p>20 10:15 Christmas Movie</p>	<p>21 1:15 MANICURES & SING- A-LONG 6:15PM "GAME NIGHT" & COFFEE</p>	<p>22 10:15 FITNESS & FINISH THE LINES 1:15 GROUP CROSSWORD PUZZLE</p>	<p>23 U.S. Thanksgiving  10:15 STRETCHES & THANKSGIVING SCRABBLE 1:00 Electrical Museum Outing "Christmas Lights"</p>	<p>24 9:30 Catholic Service followed by Singing 1:15 BEACHBALL CIRCLE</p>	<p>25 OUTDOOR/ INDOOR WALKS WITH STAFF</p>
<p>26 First Sunday Advent 10:15 Devotions & Hymn Sing 1:15 Bean Bag Toss 2:30 PROVIDENCE CHURCH</p>	<p>27 10:15 FUN 'N FITNESS 1:15 SHAKE LOOSE A MEMORY</p>	<p>28 10:15 CHRISTMAS CAROLING 1:15 SHUFFLEBOARD</p>	<p>29 10:15 Traditional Gospel DVD 6:30PM River East Mennonite Service</p>	<p>30 10:15 DANCING AROUND THE WORLD CIRCLE 1:15 LADDER BALL</p>		

PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES