







May 2026 ~ Life Enrichment Calendar Irene Baron Eden Centre ~

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
  <p>Emerald Lily of the Valley</p>					<p style="text-align: right;">1</p> <p>10:30 Stretches, May News & a Walk</p> <p>2:00 Piano by Sue</p>	<p style="text-align: right;">2</p> <p>10:30 Stretches & Finish the Phrase</p> <p>1:30 Ribbon Dancing</p>
<p style="text-align: right;">3</p> <p>10:30 Worship Service</p> <p>1:30 Bean Bag Toss</p> <p>Norma H. B-day</p>	<p style="text-align: right;">4</p> <p>10:30 Strengthening Exercises</p> <p>1:30 Oldies Sing-a-long</p>	<p style="text-align: right;">5</p> <p>10:30 Sit and Dance Around the World</p> <p>1:30 Name that Flower</p>	<p style="text-align: right;">6</p> <p>10:30 Bounce a Bucket of Balls</p>	<p style="text-align: right;">7</p> <p>6:00-8:00 MOTHER'S DAY TEA PARTY w/GUITARIST "TATE"</p>	<p style="text-align: right;">8</p> <p>10:30 Tai Chi</p> <p>1:30 Spelling Bee</p>	<p style="text-align: right;">9</p> <p>10:00 Manicures</p> <p>1:30 How many words from "Happy Mothers Day"</p>
<p style="text-align: right;">10</p> <p>MOTHER'S DAY</p> <p>10:30 Worship Service</p> <p>2:30 Providence Church</p>	<p style="text-align: right;">11</p> <p>1:30 Sing-A-Long with Susie Q. (DVD)</p>	<p style="text-align: right;">12</p> <p>10:30 Chair Dancing</p> <p>1:30 Monthly Birthday Party w/Cal Wookey</p>	<p style="text-align: right;">13</p> <p>10:30 Fun & Fitness</p> <p>1:30 In house Bowling</p>	<p style="text-align: right;">14</p> <p>1:30 Bingo</p> <p>6:30 – Town Hall Meeting</p>	<p style="text-align: right;">15</p> <p>10:30 Ribbon Dancing</p> <p>1:30 Sing-a-long</p> <p>Anna W. B-day</p>	<p style="text-align: right;">16</p> <p>10:00 Manicures</p> <p>1:30 Musical Stories</p> <p>Lois D. B-day</p>
<p style="text-align: right;">17</p> <p>10:30 Worship Service</p> <p>1:30 Bean Bag Toss</p>	<p style="text-align: right;">18</p> <p>Victoria Day</p> <p>OFFICE CLOSED</p>	<p style="text-align: right;">19</p> <p>10:30 Strengthening Exercises</p> <p>1:30 Guess the Phrase</p> <p>Marlene D. B-day</p>	<p style="text-align: right;">20</p> <p>10:30 Group Crossword Puzzle</p> <p>1:30 Bucket of Balls</p>	<p style="text-align: right;">21</p> <p>12:45 Bus Outing for 2nd Floor (Blueberry & Marigold) to Coffee Culture in Steinbach, MB </p> <p>6pm - Bingo</p>	<p style="text-align: right;">22</p> <p>10:30 Stretches & Guess the Song Title</p> <p>2:00 Piano by Sue</p>	<p style="text-align: right;">23</p> <p>10:30 Hula Dancing</p> <p>1:30 Would you Rather?</p>
<p style="text-align: right;">24/31</p> <p>10:30 Worship Service</p> <p>24th -2:30 Providence Church</p> <p>31st -2:30 Bean Bag Toss</p>	<p style="text-align: right;">25</p> <p>10:30 Strengthening Exercises</p> <p>1:30 Plinko</p>	<p style="text-align: right;">26</p> <p>10:30 Stretches & Guess the Song Title</p> <p>1:30 Ladder Ball</p> <p>Lucia C. B-day</p>	<p style="text-align: right;">27</p> <p>10:30 Group Crossword Puzzle</p> <p>1:30 Beach Ball Circle</p>	<p style="text-align: right;">28</p> <p>1:30 Bingo</p> <p>6pm – Table Pong</p>	<p style="text-align: right;">29</p> <p>10:30 Sit and Dance</p> <p>1:30 Spelling Bee</p>	<p style="text-align: right;">30</p> <p>10:30 Graceful Ballet Exercises</p> <p>1:30 Shake Loose a Memory</p>

PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES