

# March 2023 ~ Life Enrichment Calendar Irene Baron Eden Centre ~

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		May the early spring Awaken your soul and Remind you to Celebrate the season with the Hope and Joy it brings!	1 10:30 Stretches & March News 1:30 Group Crossword Puzzle	2 1:30 Bingo & Refreshments 6pm HAPPY HOUR W/"ME & MRS. JONES"	3 10:30 Sit & Dance Moves 1:30 Sing-a-Long	4 10:30 Manicures 1:30 Hockey Shots
5 10:30 Devotions & Hymns 1:30 Bean Bag Toss	<i>Spirit Week</i> 6  MISMATCH MONDAY 1:30 Bible Study	7  HAT DAY 1:30 Balloon Volleyball 6pm Washer Toss	8  WACKY WEDNESDAY 1:30 Elder & Family Council on Marigold Lane	9  PAJAMA DAY 1:30 Ring Toss	10  FRIENDSHIP FRIDAY 1:30 Spelling Bee	11 10:30 Manicures 1:30 Afternoon Matinee
<i>Spring ahead- Daylight savings</i> 12 10:30 Devotions & Hymns 2:30 PROVIDENCE CHURCH	13 10:30 Strengthening Exercises 1:30 Bible Study	14 10:30 Stretches & A Pint of "Ale" 1:30 Hang Man	15 10:30 Sit and Dance Around the World 1:30 Its not Easy being GREEN	16 1:30 Funky Bowling 6pm HAPPY HOUR W/CELTIC COUNTRY	<i>St. Patrick's Day</i> 17 10:30 How many words from St. Patrick's Day 1:30 Sing-a-Long	18 10:30 Chair Yoga 1:30 Hockey Shots
19 10:30 Devotions & Hymns 1:30 Washer Toss	<i>Spring Begins ..Yay!!!</i> 20 10:30 Strengthening Exercises 1:30 Bible Study	21 1:30 MARCH BIRTHDAY PARTY W/CAL WOOKEY 	<i>Mary T. B-day</i> 22 "Pack up your troubles in your old kit bag and . . . . SMILE, SMILE, SMILE" 	23 1:30 Bean Bag Toss with Carol, Eva & Alice	24 AFTERNOON SPRING COLORING (ON YOUR NEIGHBORHOOD)	25 10:30 Stretches & Walk about 1:30 Lingo
26 10:30 Devotions & Hymns 2:30 PROVIDENCE CHURCH	27 1:30 Ring Toss with Eva & Alice	28 	29 10:30 Chair Yoga 1:30 Washer Toss	30 1:30 Fun and Fitness 6pm Game Night	31 10:30 Sit & Dance Moves 1:30 Sing-a-Long 	

\*PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES\*