








# July 2024 ~ Life Enrichment Calendar Irene Baron Eden Centre ~

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>OUTDOOR ACTIVITIES ARE SUBJECT TO CHANGE DUE TO WEATHER CONDITIONS</b></p>	 <p><b>OFFICE CLOSED</b></p>	<p>10:30 Stretches &amp; July news 1:30 How many words from "Happy Canada Day" Florence Z. &amp; Martha S. 🍁</p>	<p>10:30 Outdoor Walk &amp; Gardening 1:30 What are your "FAVORITES"?</p>	 <p>12pm 2<sup>nd</sup> Floor (BBay &amp; Marigold) BBQ/Picnic – Hamburgers &amp; Watermelon</p>	<p>10:30 Chair Yoga 1:30 Sing-a-long</p>	<p>10:00 Manicures 1:30 Laughter &amp; Summer treats on the Patio</p>
<p>10:30 Worship Service</p>	<p>10:30 Strengthening Exercises</p>	<p>11:30 1<sup>st</sup> Floor (Ivy &amp; Ramblin Rose) A&amp;W Lockport Outing</p>	<p>10:30 Group Crossword Puzzle 1:30 Outdoor Lawn Darts</p>	<p>1:30 Outdoor Walk &amp; Gardening 6pm Canadian Travel</p>	<p>10:30 Fun &amp; Fitness 1:30 Outdoor Sing-a-long</p>	<p>10:00 Manicures 1:30 How many words from "Summer Holidays"</p>
<p>10:30 Worship Service 1:30 Washer Toss</p>	<p>10:30 Strengthening Exercises 1:30 Fun Facts about Canada</p>	<p>10:30 Fun &amp; Fitness 1:30 Monthly Birthday Party w/Cal Wookey</p>	<p>10:30 Group Crossword Puzzle 1:30 Frisbee Golf</p>	<p>1:30 Beach Volleyball 6pm Happy Hour w/Victor Phillip &amp; Invisible guys Trio</p>	<p>10:30 Outdoor Walk &amp; Gardening 1:30 Sing-a-long</p>	<p>10:30 Chair Yoga 1:30 Line Dancing with Laura Alfred P. – B-Day 🍁</p>
<p>10:30 Worship Service 1:30 Toss the Hoop</p>	<p>"The only impossible journey is the one you never begin"</p>	<p>11:30 2<sup>nd</sup> Floor (BBay &amp; Marigold) A&amp;W Lockport Outing</p>	<p>10:30 Stretches &amp; Mixed up Canada Day 1:30 Toss the Hoop</p>	<p>1:30 Outdoor Walk &amp; Gardening 6pm Ladder Ball</p>	<p>10:30 Ribbon Dancing 1:30 Outdoor Sing-a-long</p>	<p>10:30 Stretches &amp; Canadian Geography 1:30 Outdoor Water &amp; Bubble Fun</p>
<p>10:30 Worship Service 1:30 Baseball Toss</p>	<p>10:30 Strengthening Exercises 1:30 Outdoor Lawn Darts</p>	<p>10:30 Outdoor Walk &amp; Gardening 1:30 Guess the Song Title</p>	<p>10:30 Fun &amp; Fitness 1:30 Bocce Ball</p>			

\*PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES\*