








# July 2022 ~ Life Enrichment Calendar Irene Baron Eden Centre ~

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>OUTDOOR ACTIVITIES ARE SUBJECT TO CHANGE DUE TO WEATHER CONDITIONS</b>		Remember your hats and sun glasses . . . . . 		<b>DESIGNATED &amp; GENERAL VISITS</b> <b>TUESDAY TO SUNDAY</b> <b>1 – 4 PM &amp; 5:30-8:30PM</b>	 <b>OFFICE CLOSED</b>	<b>10:30</b> Cranium Exercises <b>1:30</b> How many words from “Happy Canada Day” Florence Z. B-day 
<b>3</b> <b>10:30</b> Devotions & Hymn Sing  <b>1:30</b> Washer Toss  Irena W. B-Day 	<b>4</b> No Activities  “The only impossible journey is the one you never begin”	<b>5</b> <b>1:30</b> Fitness & Canadian Heroes	<b>6</b> <b>10:30</b> Ladder Ball  <b>1:30</b> Group Crossword Puzzle	<b>7</b> <b>1:30</b> Outdoor Activity  <b>6pm</b> Bingo & Coffee	<b>8</b> No Activities  Did you know that Caterpillars have 12 eyes?	<b>9</b> No Activities  <div style="border: 1px solid black; padding: 5px; background-color: #f4a460; text-align: center;"> <b>LIVE IN THE “SUNSHINE”</b> </div>
No Activities  <b>ENJOY YOUR LEISURE SUNDAY!!</b>	<b>11</b> <b>10:30</b> Fun & Fitness  <b>1:30</b> Ladder Ball	<b>12</b> <b>1:30</b> Monthly Birthday Party w/Cal Wookey  <b>6pm</b> Evening Games	<b>13</b> <b>10:30</b> Shake Loose a Memory  <b>1:30</b> Washer Toss	<b>14</b> <b>1:30</b> Chair Yoga  <b>6pm</b> Outdoor Entertainment w/Ernie Dyck	<b>15</b> <b>10:30</b> Outdoor Lawn Darts  <b>1:30</b> Spelling Bee	<b>16</b> <b>10:30</b> Manicures  <b>1:30</b> Laughter & Popsicles on the Patio
<b>17</b> <b>10:30</b> Devotions & Hymn Sing  <b>1:30</b> Baseball Toss	<b>18</b> <b>10:30</b> Sit n’ Dance  <b>1:30</b> Fun Facts about Canada Ann G. B-day 	<b>19</b> <b>12pm</b> 1 <sup>st</sup> Floor (Ivy & Ramblin) Picnic – Hotdogs & Watermelon	<b>20</b> <b>10:30</b> Stretches & Mixed up Canada  <b>1:30</b> How many words from “Summer Holidays”	<b>21</b> <b>10:30</b> Fun & Fitness  <b>1:30</b> Ladder Ball  <b>6pm</b> Bingo & Coffee	<b>22</b> <b>10:30</b> Gardening & Outdoor Walk  <b>1:30</b> Sing-a-long	<b>23</b> <b>10:30</b> Manicures  <b>1:30</b> Outdoor Games or walk
<b>24/31</b> <b>10:30</b> Devotions & Hymn Sing  <b>1:30</b> Baseball Toss	<b>25</b> <b>10:30</b> Stretches & Canadian Culture  <b>1:30</b> Outdoor Lawn Darts	<b>26</b> <b>12pm</b> 2 <sup>nd</sup> Floor (BBay & Marigold) Picnic – Hotdogs & Watermelon	<b>27</b> <b>10:30</b> Fun & Fitness  <b>1:30</b> Washer Toss	<b>28</b> <b>10:30</b> Stretches & Finish the Lines  <b>1:30</b> Beach Ball Circle  <b>6pm</b> Happy Hour w/Celtic Country	<b>29</b> <b>10:30</b> Chair Dancing around the world  <b>1:30</b> Canadian Geography	<b>30</b> <b>10:30</b> Stretches & Canadian Sports  <b>1:30</b> Outdoor Water & Bubble Fun

\*PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES\*