





# July 2020 ~ Life Enrichment Calendar Irene Baron Eden Centre ~

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>OUTDOOR ACTIVITIES ARE SUBJECT TO CHANGE DUE TO WEATHER CONDITIONS</b>		Remember your hats and sun glasses . . . . . 	 <b>OFFICE CLOSED</b>	2 <u>9:30 a.m.-3:30 p.m.</u> 15 minute interval Outdoor Family visits <b>1:30 Canada Day</b> Celebration on <b>Ramblin Rose</b>	3 <b>10:15 Sit n' Dance DVD &amp; July news</b> <u>12:30 - 3:00 p.m.</u> 15 minute interval Family visits	4 <b>10:15 Outdoor Fun &amp; Fitness</b> <b>1:30 Canada Day</b> Celebration on <b>Marigold Lane</b>
5 <b>10:30 Devotions &amp; Hymn Sing</b> <u>12:30 - 3:30 p.m.</u> 15 minute interval Outdoor Family visits	6 <b>10:15 Fitness &amp; Canadian Heroes</b> <b>1:30 Canada Day</b> Celebration on <b>Ivy Trails</b>	7 <u>9:30 a.m.-3:30 p.m.</u> 15 minute interval Outdoor Family visits	8 <b>10:15 Tai Chi</b> <u>12:30 - 3:00 p.m.</u> 15 minute interval Family visits	9 <u>9:30 a.m.-7:30 p.m.</u> 15 minute interval Outdoor Family visits <b>1:30 Canada Day</b> Celebration on <b>Blueberry Bay</b>	10 <b>10:15 Stretches &amp; Sing-a-long</b> <u>12:30 - 3:00 p.m.</u> 15 minute interval Family visits	11 <b>10:15 Stretches &amp; Canadian Sports</b> <b>1:15 Outdoor Fun</b> <b>Nettie Mc. B-day</b> 🍁
12 <b>10:30 Devotions &amp; Hymn Sing</b> <u>12:30 - 3:30 p.m.</u> 15 minute interval Outdoor Family visits	13 <b>10:15 Fun &amp; Fitness</b> <b>1:15 Ladder Ball</b> <b>Lissy K. B-day</b> 🍁	14 <u>9:30 a.m.-7:30 p.m.</u> 15 minute interval Outdoor Family visits	15 <b>10:15 Shake Loose a Memory</b> <u>12:30 - 3:00 p.m.</u> 15 minute interval Family visits	16 <u>9:30 a.m.-3:30 p.m.</u> 15 minute interval Outdoor Family visits	17 <b>10:15 Tai Chi</b> <u>12:30 - 3:00 p.m.</u> 15 minute interval Family visits	18 <b>10:15 Stretches &amp; Canadian Geography</b> <b>2:00 ANN G.-100<sup>TH</sup> BIRTHDAY CELEBRATION</b> <b>Ann G. &amp; Blanche K. B-day</b> 🍁
20 <b>10:30 Devotions &amp; Hymn Sing</b> <u>12:30 - 3:30 p.m.</u> 15 minute interval Outdoor Family visits	21 <b>10:15 Sit n' Dance DVD</b> <b>1:15 Bean Bag Toss</b>	22 <u>9:30 a.m.-3:30 p.m.</u> 15 minute interval Outdoor Family visits	23 <b>10:15 How many words from "Summer Holidays"</b> <u>12:30 - 3:00 p.m.</u> 15 minute interval Family visits	24 <u>9:30 a.m.-7:30 p.m.</u> 15 minute interval Outdoor Family visits	25 <b>10:15 Gardening &amp; Outdoor Walk</b> <u>12:30 - 3:00 p.m.</u> 15 minute interval Family visits	26 <b>10:15 Exercise Circle</b> <b>1:15 Lawn Darts &amp; Lemonade on the Patio</b>
27 <b>10:30 Devotions &amp; Hymn Sing</b> <u>12:30 - 3:30 p.m.</u> 15 minute interval Outdoor Family visits	28 <b>10:15 Stretches &amp; Canadian Culture</b> <b>1:15 Washer Toss</b>	29 <u>9:30 a.m.-7:30 p.m.</u> 15 minute interval Outdoor Family visits	30 <b>10:15 Exercise Circle</b> <u>12:30 - 3:00 p.m.</u> 15 minute interval Family visits	31 <u>9:30 a.m.-3:30 p.m.</u> 15 minute interval Outdoor Family visits	32 <b>10:15 Tai Chi</b> <u>12:30 - 3:00 p.m.</u> 15 minute interval Family visits	

\*PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES\*