January 2025 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5	WELCOME TO 2025!!	FORGET WHAT HURT YOU IN THE PAST, BUT NEVER FORGET WHAT IT TAUGHT YOU! UKRANIAN 7 CHRISTMAS	1 Imappy Imapy Imapy	2 1:30 Ribbon Dancing <u>6pm</u> Bounce a Bucket of Balls 9	3 10:30 <u>January</u> – What is the Flower & stone of the month? 1:30 Sing-a-long 10	10:00 Manicures 1:30 Ukranian music & Dance 1
10:30 DEVOTIONS AND Hymns 1:30 Bean Bag Toss	"This is a New Year, A new beginning, and things will change."	<u>11:30</u> Outing for 1 st Floor (Ivy Trails & Ramblin Rose) for Chinese Food at Phoenix Square	10:30 Fun & Fitness 1:30 In House Bowling	1:30 Bingo <u>6pm</u> Hockey Shots on Net	10:30 Sit n' Dance Around the World 2:00 Piano by Sue	10:00 Manicures 1:30 How many words from "HAPPY NEW YEAR"
12 10:30 DEVOTIONS AND Hymns 2:30 PROVIDENCE CHURCH Janet R. B-Day	13 Age is a question of mind over Matter. If you don't mind, it doesn't Matter!!	14 10:30 Chair Yoga 1:30 Hawaiian Birthday Party w/Guitarist Cal Wookey	15 Kind words and a smile will light someone's day. Blessings to All !!	16 1:30 Bingo <u>6pm</u> Bounce a Bucket of Balls	17 2:00 Piano by Sue	1 How are stars like Dentures?? They both come out at night.
19 Enjoy your Leisure Sunday!	20	21 <u>11:30</u> Outing for 2 nd Floor (Blueberry Bay & Marigold Lane) for Chinese Food at Phoenix Square	22 10:30 Bean Bag Toss 1:30 Beach Ball Circle	23 1:30 Bingo <u>6pm</u> Hockey Shots on Net	24 10:30 Sit n' Dance moves 2:00 Piano by Sue	23 10:30 Chair Yoga 1:30 Washer Toss Lorraine I. B-Day
26 10:30 DEVOTIONS AND Hymns 2:30 PROVIDENCE CHURCH	27 10:30 Chair Exercises 1:30 Bible Study	28 10:30 Fun & Fitness 1:30 Shake Loose A Memory	29 10:30 Chair Yoga 1:30 Balloon Volleyball	30 1:30 Bingo <u>6pm</u> Happy Hour w/Geoff Erickson	31 10:30 Stretches & Snowball Toss 2:00 Piano by Sue	