










January 2022 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>HIGHLIGHTED NUMBERS</b> INDICATES PROVINCIAL HOLIDAY</p>			FORGET WHAT HURT YOU IN THE PAST, BUT NEVER FORGET WHAT IT TAUGHT YOU!			<b>1</b> 10:30 New Years Party  1-4 & 5:30-8:30 pm VISITING HOURS  Michael D. B-Day 
<b>2</b> A.M. DEVOTIONS AND Hymns  1-4 & 5:30-8:30 pm VISITING HOURS	<b>3</b> 1:30 AFTERNOON MOVIE OF CHOICE	<b>4</b> 7:30am Banana French Toast Breakfast on Ramblin Rose  1-4 & 5:30-8:30 pm VISITING HOURS	<b>5</b> 10:30 Crossword Puzzle  1-4 & 5:30-8:30 pm VISITING HOURS	<b>6</b> 1-4 & 5:30-8:30 pm VISITING HOURS 6:30 Music Evening for 2 <sup>nd</sup> Floor w/B-Side Apostles  Janie V. B-Day 	<b>7</b> UKRAINIAN CHRISTMAS  10:30 Sit n' Dance moves on Marigold Lane & Ukrainian Christmas Tadtions 1-4 & 5:30-8:30 pm VISITING HOURS	<b>8</b> 10:30 Bingo for 1 <sup>st</sup> Floor 1-4 & 5:30-8:30 pm VISITING HOURS
<b>9</b> A.M. DEVOTIONS AND Hymns  1-4 & 5:30-8:30 pm VISITING HOURS	<b>10</b> 10:30 Snow Exercises  1:30 Bible Study	<b>11</b> 7:30am Banana French Toast Breakfast on Marigold Lane  1-4 & 5:30-8:30 pm VISITING HOURS	<b>12</b> 10:30 Crossword Puzzle  1-4 & 5:30-8:30 pm VISITING HOURS  Janet R. B-Day 	<b>13</b> 10:30 Stretches & "Doctors"  1-4 & 5:30-8:30 pm VISITING HOURS  Ursula W. B-Day 	<b>14</b> 10:30 Sit n' Dance moves on Ramblin Rose  1:30 Happy Hour for 2 <sup>nd</sup> Floor w/Hawaiian Music 1-4 & 5:30-8:30 pm VISITING HOURS	<b>15</b> 10:30 Bingo for 2 <sup>nd</sup> Floor 1-4 & 5:30-8:30 pm VISITING HOURS
<b>16</b> A.M. DEVOTIONS AND Hymns  1-4 & 5:30-8:30 pm VISITING HOURS	<b>17</b> 10:30 Snow Exercises  1:30 Bible Study	<b>18</b> 7:30am Banana French Toast Breakfast on Ivy Trails  1-4 & 5:30-8:30 pm VISITING HOURS	<b>19</b> 10:30 Bean Bag Toss  1-4 & 5:30-8:30 pm VISITING HOURS	<b>20</b> 10:30 Stretches & "First Things"  1-4 & 5:30-8:30 pm VISITING HOURS	<b>21</b> 10:30 Sit n' Dance moves on Blueberry Bay 1:30 Happy Hour for 1 <sup>st</sup> Floor w/Cal Wookey 1-4 & 5:30-8:30 pm VISITING HOURS	<b>22</b> A.M. Tai Chi for 1 <sup>st</sup> Floor 1-4 & 5:30-8:30 pm VISITING HOURS
<b>23/30</b> A.M. DEVOTIONS AND Hymns  1-4 & 5:30-8:30 pm VISITING HOURS	<b>24/31</b> 10:30 Chair Exercises  1:30 Washer Toss	<b>25</b> 7:30am Banana French Toast Breakfast on Blueberry Bay 1-4 & 5:30-8:30 pm VISITING HOURS  Lorraine I. B-Day 	<b>26</b> 10:30 Bean Bag Toss  1-4 & 5:30-8:30 pm VISITING HOURS	<b>27</b> 10:30 Stretches & Finish the Lines  1-4 & 5:30-8:30 pm VISITING HOURS	<b>28</b> 10:30 Sit n' Dance moves on Ivy Trails  1-4 & 5:30-8:30 pm VISITING HOURS	<b>29</b> A.M. Tai Chi for 2 <sup>nd</sup> Floor 1-4 & 5:30-8:30 pm VISITING HOURS

\* ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES\*