

January 2020 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>HIGHLIGHTED NUMBERS INDICATES PROVINCIAL HOLIDAY</p>			 Michael D. B-Day 	1:30 Andre Rieu in Tuscany DVD	10:15 EXERCISE CIRCLE & JANUARY NEWS 1:30 Drum Circle w/Chris Scholl	1:15 HOW MANY WORDS FROM "HAPPY NEW YEARS" 6:15PM POPCORN & MOVIE NIGHT
5 10:30 DEVOTIONS AND Hymn Sing 1:15 LADDER BALL	6 10:15 Dance Around the World DVD 1:15 Bible Study for 2 nd floor – Daniel 4	7 1:15 MANICURES 6:15PM UKRANIAN CHRISTMAS DANCE Ukranian Christmas Day	8 10:15 STRETCHES & Cranium Exercises 1:15 WASHER TOSS	9 10:15 FUN 'N FITNESS 12:00 Pizza Lunch in the Gathering Room	10 10:15 Tai Chi 1:15 Ladder Ball	11 10:15 Snow Fitness 1:30 Shuffleboard
12 10:30 DEVOTIONS AND Hymn Sing 1:15 Bean Bag Toss 2:30 PROVIDENCE CHURCH	13 10:15 Sit and Dance DVD 1:15 Balloon Volleyball Ursula W. B-Day 	14 10:15 Tai Chi 1:30 Happy Hour w/Pilgrim Journey	15 10:15 Snow Fitness 1:15 LADDER BALL	16 10:15 FUN 'N FITNESS 1:15 Hang Man	17 10:15 STRETCHES and Finish the song Lyrics 1:15 IN HOUSE BOWLING	18 10:15 Shake Loose A Memory 1:15 WASHER TOSS Ethel B. B-Day 
19 10:30 DEVOTIONS AND Hymn Sing 1:15 LADDER BALL	20 1:30 Daniel O'Donnell DVD	21 10:15 Ark Ceramics 1:15 Shuffleboard	22 1:15 GROUP CROSSWORD PUZZLE 6:15PM GAME NIGHT & COFFEE	23 10:15 Tai Chi 1:30 Happy Hour w/Al Andrusco	24 9:30 Catholic Service followed by Singing 1:15 Ladder Ball	25 1:15 FUN 'N FITNESS 6:15PM BINGO & COFFEE
26 10:30 DEVOTIONS AND Hymn Sing 1:15 Bean Bag Toss 2:30 PROVIDENCE CHURCH	27 10:15 FUN 'N FITNESS 1:15 1:15 Bible Study for 1 st Floor – Daniel 4	28 10:30 Lunch & Matinee @ Celebrations "Best of Friends" 	29 10:15 Sit and Dance DVD 1:15 Hang Man	30 10:15 Snow Fitness 1:15 BEACH BALL CIRCLE	31 10:15 Tai Chi 1:30 Monthly Hawaiian B-day Party w/Almost Angels	

PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES