








February 2025 ~ Life Enrichment Calendar Irene Baron Eden Centre ~

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>YELLOW HIGHLIGHTED DAYS INDICATE HOLIDAYS</p>				<p>1</p> <p>10:00 Manicures 1:30 Sing-A-Long</p>
<p>2</p> <p>10:30 Worship Service 1:30 Bean Bag Toss</p>	<p>3</p> <p><i>“Although February is short, it is filled with lots of LOVE and sweet surprises.”</i></p>	<p>4</p> <p>8:00 a.m. Banana French Toast Breakfast for 1st Floor (Ivy Trails & Ramblin Rose) 1:30 Table Pong</p>	<p>5</p> <p>10:30 Chair Yoga 1:30 Bounce a Bucket of Balls</p>	<p>6</p> <p>1:30 Bingo 6pm Hockey Shots on Net</p>	<p>7</p> <p>10:30 Sit and Dance moves 1:30 Sing-a-long</p>	<p>8</p> <p>10:00 Manicures 1:30 Table Pong</p>
<p>9</p> <p>10:30 Worship Service 2:30 PROVIDENCE CHURCH</p>	<p>10</p> <p>10:30 Strengthening Exercises 1:30 Bible Study <i>Elsie R. B-day</i></p>	<p>11</p> <p>10:30 Chair Yoga 1:30 February Birthday Party w/Guitarist Cal Wookey</p>	<p>12</p> <p>10:30 Stretches & All about Chocolate 1:30 Balloon Volleyball</p>	<p>13</p> <p> 12:00 Chicken Chef Friendship Lunch in Gathering for all Neighborhoods.</p>	<p>14</p> <p><i>Happy Valentine's Day</i> 10:30 Sit and Dance moves 2:00 Piano by Sue</p>	<p>15</p> <p>10:30 Ribbon Dance 1:30 Washer Toss</p>
<p>16</p> <p>10:30 Worship Service 1:30 Bean Bag Toss</p>	<p>17</p> <p style="border: 1px dashed black; padding: 2px;">Louis Riel Day</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px; text-align: center;"> <p>Office Closed</p> </div>	<p>18</p> <p>10:30 Sit and Dance Around the World 1:30 Valentine's Treats & Dance <i>Beverly R. B-day</i></p>	<p>19</p> <p>10:30 Snow Fitness 1:30 In House Bowling</p>	<p>20</p> <p>1:30 Bingo 6pm Hockey Shots on Net</p>	<p>21</p> <p>10:30 Fitness & February IQ 1:30 Sing-a-long</p>	<p>22</p> <p>10:30 Ballet 1:30 Washer Toss</p>
<p>23</p> <p>10:30 Worship Service 2:30 PROVIDENCE CHURCH</p>	<p>24</p> <p>10:30 Strengthening Exercises 1:30 Bible Study</p>	<p>25</p> <p>10:30 Sit and Dance 1:30 Guess the Song Title</p>	<p>26</p> <p>10:30 Group Crossword Puzzle</p>	<p>27</p> <p>1:30 Bingo 6pm Happy Hour w/Tate</p>	<p>28</p> <p>10:30 Ballet 2:00 Piano by Sue</p>	

PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES