




# February 2020 ~ Life Enrichment Calendar Irene Baron Eden Centre ~

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>YELLOW HIGHLIGHTED</b> DAYS INDICATE HOLIDAYS					<b>1</b> <b>1:30</b> YOUTH GROUP FROM PROVIDENCE CHURCH BOARD GAME AFTERNOON  <b>6:15</b> Movie & Popcorn Night
 <b>2</b> 10:15 Devotions & Hymns  1:15 WASHER TOSS SuperBowl Sunday	<b>3</b> 10:15 Upper Body Strengthening & February News  1:15 Bible Study on 2 <sup>nd</sup> Floor – Proverbs 16, 17 &18	<b>4</b> 10:15 Morning Stretches & Walk About  1:15 LADDER BALL	<b>5</b> 1:30 Afternoon Movie “The Fortune Cookie”	<b>6</b> 10:15 1 <sup>st</sup> Floor-Lunch Outing to Roxi’s Uptown Café in Selkirk   Lillian C. B-day	<b>7</b> 10:15 Tai Chi (Exercise)  1:15 BEACH BALL CIRCLE  Mary S. B-day	<b>8</b> 1:15 HANG MAN (Remembered Quotes)  6:15 Bingo “Bowl” & Coffee
<b>9</b> 10:15 Devotions & Hymns  1:15 BEAN BAG TOSS 2:30 PROVIDENCE	<b>10</b> 10:15 Sit n’ Dance DVD  1:15 “Comedy” Movie  Elsie R. & Mary O. B-day	<b>11</b> 12:00 Chicken Chef Friendship Lunch in the Gathering Room w/Entertainment by Leo Gosselin	<b>12</b> 10:15 Dance Around the World  1:15 LADDER BALL	<b>13</b> 10:15 Stretches & Walking  1:15 Decorating Valentine’s Cookies	<b>14</b>  10:15 Fitness & Fun Facts about Vanlentine’s Day 1:15 Funky Bowling	<b>15</b> 10:15 Tai Chi & Valentines’s Day in Canada  1:15 WASHER TOSS
<b>16</b> 10:15 Devotions & Hymns  1:15 BEAN BAG TOSS	<b>Louis Riel Day</b> <b>17</b> 1:30 Valentine Coloring on the Neighborhoods	<b>18</b> 1:15 Afternoon Movie “Shakespeare in Love”	<b>19</b> 1:15 Upper Body Strengthening & February IQ 6:15 Bingo & Coffee	<b>20</b> 10:15 Exercise Circle  1:30 Happy Hour w/Recycled Jammers	<b>21</b> 10:15 Sit n’ Dance DVD  1:15 Andre Rieu DVD “Roses from the South”	<b>22</b> 2:00 WALK ABOUT WITH HOMEMAKERS FOLLOWED BY COFFEE TIME ON THEIR NEIGHBORHOODS
<b>23</b> 2:30 PROVIDENCE CHURCH	<b>24</b> 10:15 Fun & Fitness  1:15 Bible Study on 1st Floor – Proverbs 16, 17 &18	<b>25</b>  1:15 Manicures & Gospel Sing-a-long  6:30PM MONTHLY B-DAY PARTY W/FIRE & ICE	<b>26</b> 10:15 Morning Stretches & Walk About  1:15 “Chicken Soup” for the Soul Short Stories	<b>27</b> 10:15 EXERCISE CIRCLE  1:15 BEACHBALL CIRCLE  Peter P. B-day	<b>28</b> 9:30 Catholic Service  1:30 Happy Hour w/Country Music	<b>29</b> 10:15 Stretches & Indoor or (outdoor) Walk 1:15 HANG MAN (Song Titles)

\*PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES\*