December 2023 ~ Life Enrichment Calendar Irene Baron Eden Centre ~						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Have a blessed Holiday Season	×			1 10:30 Stretches & December News 2:00 Piano by Sue	2 10:30 Fitness and finish the lines 1:30 CHRISTMAS CAROLING
3	4	5	6	7	Adeline C. B-Day	9
10:30 1 <sup>ST</sup> Advent Worship Service "HOPE" 1:30 BEAN BAG TOSS	<ul> <li>10:30 STRENGTHENING EXERCISES</li> <li>1:30 Bible Study for 2<sup>nd</sup> floor "HOPE"</li> </ul>	12:45 RAMBLIN ROSE & BLUEBERRY BAY OUTING TO COFFEE CULTURE IN STEINBACH	0 10:30 FUN & FITNESS 1:30 Group Crossword Puzzle	1:30 Bingo <u>6pm-</u> Happy Hour w/Christmas Karoake	0 10:30 SIT 'N DANCE DVD 2:00 PIANO BY SUE	10:00 MANICURES 1:30 CHRISTMAS CAROLS
10 10:30 2 <sup>ND</sup> ADVENT WORSHIP SERVICE "LOVE" 2:30 Providence Church Jean H. B-Day	<ul> <li>10:30 STRENGTHENING EXERCISES</li> <li>1:30 Bible Study for 1<sup>st</sup> Floor "HOPE"</li> </ul>	12 12:45 IVY TRAILS & MARIGOLD LANE OUTING TO COFFEE CULTURE IN STEINBACH	13 10:30 BEAN BAG TOSS 1:30 In House Bowling George B. B-Day	14 1:30 CHRISTMAS BINGO <u>6:30-</u> PIANO RECITAL W/ESTHER KLEIN	15 10:30 Chair exercises & "TOYS" 2:00 PIANO BY SUE	16 10:00 MANICURES 1:30 Exercises & "Finish my Christmas Phrase"
17 10:30 3 <sup>RD</sup> Advent Worship Service "JOY" 1:30 BEAN BAG TOSS	18 "Send some cheer to someone who is near!!"	19 10:30 FITNESS & SNOWBALL MANIA 1:30 Monthly Birthday Party w/Guitarist Cal Wookey	20 10:30 FITNESS & NAME THAT CHRISTMAS CAROL 1:30 Bucket of Balls	21 <u>5:30</u> ELDER & FAMILY CHRISTMAS BANQUET and Entertainment	22 10:30 CHAIR YOGA 2:00 PIANO BY SUE Katharina K. B-Day	23 10:30 FITNESS & 'TWAS THE NIGHT BEFORE CHRISTMAS 1:30 CHRISTMAS AROUND THE WORLD
24/31 24 <sup>th</sup> 10:30 4 <sup>TH</sup> Advent Worship Service "PEACE" 31 <sup>st</sup> 10:30 Worship Service 31 <sup>st</sup> 1:30 Bean Bag Toss	25 Nerry Christmus	Happy Boxing Day 26	27 "WISDOM COMES WITH WINTERS"	28 1:30 Stretches & PAST & PRESENT <u>6PM-</u> CHRISTMAS LIGHTS IN WINNIPEG AND AROUND THE WORLD (ON YOU TUBE)	29 10:30 CHAIR DANCING WITH CHRISMAS CAROLS 2:00 PIANO BY SUE Cornelia V. B-Day	30 10:30 Fun & Fitness 2:00 New Years Eve Party W/Echo Valley Boys

\*PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES\*