







December 2021 ~ Life Enrichment Calendar Irene Baron Eden Centre ~

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 <i>Have a blessed Holiday Season</i>		1 10:30 STRETCHES & DECEMBER NEWS <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	2 10:30 WASHER TOSS <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	3 10:30 Chair exercises & Christmas Trivia <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	4 10:30 Fitness and finish the lines <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS
5 10:15 2 ND ADVENT CANDLE LIGHTING & CHRISTMAS HYMN SING <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	6 10:30 Exercises & Action Required 1:30 Shake Loose A Memory	7 1:30 Christmas Party for 1 ST Floor w/Pianist Doug Voice <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS Diane G. B-Day 🍎	8 10:30 FUN & FITNESS <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	9 1:30 CHRISTMAS HAPPY HOUR FOR 2 ND FLOOR W/PIANIST DOUG VOICE <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	10 10:30 SIT 'N DANCE DVD <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	11 10:30 BEAN BAG TOSS <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS
12 10:15 3 RD ADVENT CANDLE LIGHTING & CHRISTMAS HYMN SING <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS Jean H. B-Day 🍎	13 10:30 WASHER TOSS 1:30 Bible Study for 2 ND Floor	14 1:30 CHRISTMAS HAPPY HOUR FOR 1 ST FLOOR W/GUITARIST CAL WOOKIEY <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	15 10:30 BEAN BAG TOSS <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	16 10:30 Stretches & PAST & PRESENT <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	17 10:30 Chair exercises & "TOYS" <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	18 10:30 Fitness and finish the Lyrics <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS
19 10:15 4 TH ADVENT CANDLE LIGHTING & CHRISTMAS HYMN SING <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	20 10:30 Exercises & "Who Wrote it?" 1:30 Bible Study for 1 ST Floor	21 1:30 Christmas Party for 2 ND Floor w/Guitarist Cal Wookiey <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	22 10:30 SIT 'N DANCE DVD & CHRISTMAS AROUND THE WORLD <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	23 10:30 How many words from "Merry Christmas" 1:30 Christmas Bingo for 1 ST Floor <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	24 10:30 FITNESS & 'Twas THE NIGHT BEFORE CHRISTMAS <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	25 
<i>Happy Boxing Day</i> 	26 10:30 FUN & FITNESS 1:30 Group Crossword Puzzle	27 <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS 1:30 Christmas Bingo for 2 ND Floor Dorothy P. B-Day 🍎	28 10:30 NEW YEAR'S RESOLUTIONS FOR 1 ST FLOOR <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	29 10:30 NEW YEAR'S RESOLUTIONS FOR 2 ND FLOOR <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	30 <u>1-4PM & 5:30-8:30PM</u> FAMILY & FRIEND VISITS	

PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES