December 2019 ~ Life Enrichment Calendar Irene Baron Eden Centre ~						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
10:15 1 <sup>ST</sup> Advent candle Lighting & Ring Christmas Bells DVD	10:15 Stretches & Choir Practice	11:00 Lunch Outing to Red Lobster	1:15 Choir Practice	10:15 Stretches & Choir Practice	10:15 Sit & Dance DVD	10:15 Tai Chi
1:30 Salvation Army	1:15 Choir Practice		<u>6:30</u> Piano Students from Esther Klien Studio	2:00 IBEC Choir Singing at REPC	1:30 Grant Memorial Choir performing	1:15 Shuffleboard GR booked 3-6pm Diane G. B-Day
8	9	10	11	12	13	14
10:15 2 <sup>ND</sup> Advent candle Lighting & Christmas Hymn Sing	1:15 Manicures in GR & Christmas Movie	<ul> <li>10:15 Christmas Craft on Ivy Trails for 1<sup>st</sup> Floor</li> <li>1:15 Christmas Craft on</li> </ul>	9:45 Sugar & Spice Daycare Singing Christmas Carols	5:30 ANNUAL FAMILY HOLIDAY BANQUET And Entertainment	10:15 Tai Chi 1:15 In House Bowling	10:15 Dances around the world 1:15 Bean Bag Toss
2:30 PROVIDENCE CHURCH	6:30-8:00 Girl Guides Christmas Caroling	Marigold for 2 <sup>nd</sup> Floor	1:15 Ladder Ball	w/"Leo Gosselin"		
15	16	17	18	19	20	21
10:15 3 <sup>RD</sup> Advent candle LIGHTING & CHRISTMAS HYMN SING	10:15 INDOOR WALK & EYE SPY	10:15 STRETCHES & HOW MANY WORDS FROM "MERRY CHRISTMAS	10:15 Sit & Dance DVD	10:15 'LET IT SNOW' FITNESS	10:15 Exercise Circle	1:15 Shuffleboard
1:15 Piano Recital w/Hanna Cole's Students	1:15 Washer Toss	1:30 Birthday/Christmas	1:15 Drama Club – What Present is this?	& SNOWBALL MANIA 1:30 Happy Hour	1:15 GROUP CROSSWORD PUZZLE	<u>6:00</u> Christmas Movie & Snack
		Party w/Cal Wookey		w/Christmas Music	Brenda N. B-Day	
22 10:15 4 <sup>TH</sup> Advent candle Lighting & Christmas Hymn Sing	23 1:00 – 4:00 MUSICAL	24 10:15 Fun & Fitness 1:15 'TWAS THE NIGHT	25	Happy Boxing 26 Day	27 10:15 Tai Chi	28 10:15 'LET IT SNOW' FITNESS & SNOWBALL MANIA
2:30 PROVIDENCE CHURCH	MOVIE "SOUND OF MUSIC"	BEFORE CHRISTMAS & FAVORITE GIFT DISCUSSION GR booked 5:30-8:30pm	Cirristmas	GR booked 1-10pm	1:30 Happy Hour w/ Doug Voice	1:15 Afternoon Christmas Bingo GR booked 6-10pm Dorothy P. B-Day
29	30	31				
10:15 CHRISTMAS HYMN SING 1:15 BEAN BAG TOSS	10:15 FUN & FITNESS 1:15 CHRISTMAS TRADITIONS AROUND THE WORLD	10:15 Morning Exercises & past New Years Resolutions 1:30 New Years Eve	Have a blessed Holiday			
		Party w/ Echo Valley Boys	Season			

\*PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES\*