















August 2025 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			 <p>Butterflies have very small “dots” on their wings which are used to see!</p>		1 10:30 STRETCHES & AUGUST NEWS	2 "Breathe the sweetness that hovers in August"  JOYCE B. -B-DAY 
3 ENJOY YOUR LONG WEEKEND!!  MAISIE L. -B-DAY 	4 Civic Holiday  OFFICE CLOSED	5 10:30 STRENGTHENING EXERCISES  1:30 Toss the Hoop  ROGER S. -B-DAY 	6 1-2:45 LADDER BALL WITH TWYLA, PETER AND MELANIE	7 1-2:45 RING TOSS WITH TWYLA, PETER AND MELANIE	8 1:30 SING-A-LONG WITH SUSIE Q.	9 10:00 MANICURES  1:30 Water Fun and Bubbles
10 10:15 WORSHIP SERVICE  1:30 BASEBALL TOSS	11 "I believe that when you bring forth the best there is within you, you lift yourself to greater and greater things!!"  DORIS K. -B-DAY 	12 10:30 SIT N' DANCE  1:30 MONTHLY BIRTHDAY PARTY W/ GUITARIST CAL WOOKEY	13 1:30 SING-A-LONG WITH DANIEL O'DONNELL	14 1:30 Baseball Toss  6pm Bucket of Balls  WERA T. -B-DAY 	15 1:30 AFTERNOON MOVIE	16 7:00PM COFFEE AND WORD GAMES ON YOUR NEIGHBORHOOD  NELLIE L. -B-DAY 
17 ENJOY YOUR LEISURE SUNDAY!!	18 10:30 BEAN BAG TOSS  1:00 Gardening	19 11:30 Outing for 2 <sup>nd</sup> Floor (Blueberry Bay & Marigold Lane) to A&W Lockport	20 10:30 GROUP CROSSWORD PUZZLE  1:30 FRISBEE GOLF	21 1:30 OUTDOOR FUN  6pm Toss the Hoop	22 10:30 FUN & FITNESS  1:30 SING-A-LONG  OLIVE S. & LILLIAN S. -B-DAY 	23 10:30 STRETCHES AND WALK ABOUT  1:30 POLKA PARTY
24/31 24 <sup>th</sup> -10:15 WORSHIP SERVICE  24 <sup>th</sup> -1:30 LADDER BALL  31 <sup>ST</sup> -FATIMA P. -B-DAY 	25 10:30 STRENGTHENING EXERCISES  1:30 WASHER TOSS	26 10:30 FUN & FITNESS  1:30 OUTDOOR FUN & GAMES	27 10:30 LINE DANCE WITH LAURA RITTENHOUSE  1:30 LAWN DARTS	28 1:30 Turtle history & Painting  6pm Happy Hour w/"Play it again"	29 10:30 STRETCHES & OUTDOOR WALK  1:30 Sing-a-long	30 10:00 MANICURES  1:30 WATER MELON PARTY 

\*PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES\*