






## August 2024 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			 <b>Butterflies have very small "dots" on their wings which are used to see!</b>	1 <b>1:30 MAKING BANANA SPLITS</b>  <b>6pm Outdoor Sing-a-long w/Doug Mymryk</b>	2 <b>10:30 STRETCHES &amp; AUGUST NEWS</b>  <b>1:30 Sing-a-long</b>  <small>JOYCE B. -B-DAY</small>	3 <b>10:00 MANICURES</b>  <b>1:30 Ring Toss</b>
4 <b>10:30 WORSHIP SERVICE</b>  <b>1:30 BASEBALL TOSS</b>	5 <b>Civic Holiday</b> <i>"Breathe the sweetness that hovers in August"</i>	6 <b>10:30 STRENGTHENING EXERCISES</b>  <b>1:30 Lawn Darts</b>	7 <b>10:30 FUN &amp; FITNESS</b>  <b>1:30 Beach Ball Circle</b>	8 <b>1:30 CHAIR DANCING</b>  <b>6pm FRISBEE GOLF</b>	9 <b>10:30 RIBBON DANCING</b>  <b>1:30 Sing-a-long</b>	10 <b>10:00 MANICURES</b>  <b>1:30 Water Fun and Bubbles</b>
11 <b>10:30 WORSHIP SERVICE</b>  <b>1:30 BASEBALL TOSS</b>  <small>DORIS K. -B-DAY</small>	12 <i>"I believe that when you bring forth the best there is within you, you lift yourself to greater and greater things!!"</i>	13 <b>1:30 SING-A-LONG WITH DANIEL O'DONNELL</b>	14 <b>10:30 SIT N' DANCE</b>  <b>1:30 LADDER BALL</b>	15 <b>1:30 Baseball Toss</b>  <b>6pm Bucket of Balls</b>	16 <b>10:30 OUTDOOR FUN AND FITNESS</b>  <small>NELLIE L. -B-DAY</small>	17 <b>6:45 WORD SEARCH AND WORD GAMES ON YOUR NEIGHBORHOOD</b>
18 <b>ENJOY YOUR LEISURE SUNDAY!!</b>	19 <b>What words would you use to describe MONDAYS???</b>	20 <b>10:30 FUN &amp; FITNESS</b>  <b>1:30 MONTHLY BIRTHDAY PARTY W/ "TATE"</b>	21 <b>10:30 BOUNCE A BUCKET OF BALLS</b>	22 <b>1:30 SING-A-LONG WITH SUSIE Q.</b>  <small>LILLIAN S. -B-DAY</small>	23 <b>1:30 AFTERNOON MOVIE</b>	24 <b>10:30 STRETCHES AND WALK ABOUT</b>  <b>1:30 POLKA PARTY</b>
25 <b>10:30 WORSHIP SERVICE</b>  <b>1:30 LADDER BALL</b>	26 <b>10:30 STRENGTHENING EXERCISES</b>  <b>1:30 WASHER TOSS</b>	27 <b>10:30 FUN &amp; FITNESS</b>  <b>1:30 OUTDOOR FUN &amp; GAMES</b>	28 <b>10:30 LINE DANCE WITH LAURA RITTENHOUSE</b>  <b>1:30 LAWN DARTS</b>	29 <b>11:30 Outing for 1<sup>st</sup> Floor to Johnny's Maples Pizza</b>	30 <b>10:30 STRETCHES &amp; OUTDOOR WALK</b>  <b>1:30 Sing-a-long</b>	31 <b>10:30 CHAIR YOGA</b>  <b>1:30 WATER MELON PARTY</b> 

\*PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES\*