August 2020 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
August	ALL OUTDOOR ACTIVITIES WILL BE AS WEATHER PERMITS					1 10:15 Tai Chi and August News 1:15 Outdoor Lawn Darts
2 10:30 DEVOTIONS & HYMN SING <u>12:30 – 3:30 p.m.</u> OUTDOOR FAMILY VISITS	Civic Holiday 3	4 <u>9:30 a.m. – 3:30 p.m.</u> Outdoor Family visits	5 10:15 Exercises & Outdoor Walk <u>12:30 – 3:30 p.m.</u> FAMILY VISITS	6 <u>12:30 – 7:30 p.m.</u> Outdoor Family visits	7 10:15 Morning Stretches <u>12:30 – 3:30 p.m.</u> FAMILY VISITS	8 2:00 – REFRESHMENTS ON THE NEIGHBORHOODS 6:45 – FUN FACTS WITH STAFF ON YOUR NEIGHBORHOODS
9 10:30 DEVOTIONS & HYMN SING <u>12:30 – 3:30 p.m.</u> OUTDOOR FAMILY VISITS	10 10:15 Dance Around The World DVD 1:15 Outdoor Ladder Ball	11 <u>9:30 a.m. – 7:30 p.m.</u> Outdoor Family visits	12 10:15 Sit & Be Fit & CRANIUM EXERCISES <u>12:30 – 3:30 p.m.</u> FAMILY VISITS	13 <u>9:30 a.m. – 3:30 p.m.</u> Outdoor Family visits 1:30 -TROPICAL VACATION ON RAMBLIN ROSE	14 10:15 TAI CHI AND MUSIC <u>12:30 – 3:30 p.m.</u> FAMILY VISITS	15 10:15 Outdoor Stretches 1:30- TROPICAL VACATION ON MARIGOLD LANE
16 10:30 Devotions & Hymn Sing <u>12:30 – 3:30 p.m.</u> Outdoor family visits	17 10:15 STRETCHES & OUTDOOR WALK 1:15 WATER SPONGE FUN	18 <u>9:30 a.m. – 3:30 p.m.</u> Outdoor Family visits 1:30 -TROPICAL VACATION ON IVY TRAILS	19 10:15 Exercises & Outdoor Walk <u>12:30 – 3:30 p.m.</u> FAMILY VISITS	20 <u>9:30 a.m. – 7:30 p.m.</u> Outdoor Family visits 1:30- TROPICAL VACATION ON BLUEBERRY BAY	21 10:15 Sit & Be Fit & CRANIUM EXERCISES <u>12:30 – 3:30 p.m.</u> FAMILY VISITS	22 10:15 STRETCHES & SING- A-LONG 1:15 WATERMELON PARTY!
23/30 10:30 DEVOTIONS & HYMN SING <u>12:30 – 3:30 p.m.</u> OUTDOOR FAMILY VISITS	24/31 10:15 SIT N' DANCE VIDEO & FINISH THE LINES 1:15 BEAN BAG/WASHER TOSS	25 <u>9:30 a.m. – 7:30 p.m.</u> Outdoor Family visits	26 10:15 Morning STRETCHES <u>12:30 – 3:30 P.M.</u> FAMILY VISITS	27 BBQ Lunch on the Neighborhoods <u>1:00 – 2:30 P.M.</u> OUTDOOR FAMILY VISITS	28 10:15 TAI CHI AND MUSIC <u>12:30 – 3:30 p.m.</u> FAMILY VISITS	29 10:15 Exercises & Outdoor Walk 1:15 Sponge Hockey

PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES