









August 2019 ~ Irene Baron Eden Centre ~ Life Enrichment Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>ALL OUTDOOR ACTIVITIES WILL BE AS WEATHER PERMITS</p> 			<p style="text-align: right;">1</p> <p>10:15 OUTDOOR WALK & AUGUST NEWS</p> <p>1:30 FOLKLORAMA-A LITTLE TASTE OF PHILIPPINE FOOD, MUSIC AND DANCING</p> <p style="text-align: right;">Beate L.-B-day</p>	<p style="text-align: right;">2</p> <p>10:15 GARDENING AND "THESE ARE A FEW OF MY FAVORITE THINGS"</p> <p>1:30 FOLKLORAMA-A LITTLE TASTE OF NIGERIA FOOD, MUSIC AND DANCING</p>	<p style="text-align: right;">3</p> <p>10:15 TAI CHI</p> <p>1:15 OUTDOOR LAWN DARTS</p>
<p style="text-align: right;">4</p> <p>10:30 DEVOTIONS & HYMN SING</p> <p>1:15 SHUFFLEBOARD</p>	<p style="text-align: right;">5</p> <p>Civic Holiday</p> 	<p style="text-align: right;">6</p> <p>10:15 SIT N' DANCE VIDEO & FOOD FACTS</p> <p>1:15 LADDER BALL</p>	<p style="text-align: right;">7</p> <p>10:15 EXERCISE CIRCLE</p> <p>1:15 BASEBALL TOSS</p>	<p style="text-align: right;">8</p> <p>10:00 ZOO & LUNCH OUTING – WITH IVY TRAILS</p> 	<p style="text-align: right;">9</p> <p>10:15 MORNING STRETCHES AND WORD GAME</p> <p>1:15-2:30 RAZOR BACK DAY CARE SINGING & STORY TIME</p>	<p style="text-align: right;">10</p> <p>1:15 STRETCHES & OUTDOOR WALK</p> <p>6:15 BINGO & COFFEE</p>
<p style="text-align: right;">11</p> <p>10:30 DEVOTIONS & HYMN SING</p> <p>1:15 OUTDOOR BEAN BAG TOSS</p>	<p style="text-align: right;">12</p> <p>10:15 DANCE AROUND THE WORLD DVD</p> <p>1:15 GROUP CROSSWORD</p>	<p style="text-align: right;">13</p> <p>12:00 BBQ LUNCH WITH ELDERS, STAFF, FAMILY & FRIENDS</p> 	<p style="text-align: right;">14</p> <p>10:15 EXERCISE CIRCLE</p> <p>1:15 IN HOUSE BOWLING</p>	<p style="text-align: right;">15</p> <p>10:15 TAI CHI</p> <p>1:15 MANICURES</p>	<p style="text-align: right;">16</p> <p>10:15 SIT & BE FIT & CRANIUM EXERCISES</p> <p>1:30 HAPPY HOUR WITH SPOT DANCE PRIZES</p>	<p style="text-align: right;">17</p> <p>1:15 WATERMELON PARTY</p> <p>6:15 SING-A-LONG & REFRESHMENTS</p>
<p style="text-align: right;">18</p> <p>10:30 DEVOTIONS & HYMN SING</p> <p>1:15 HOW MANY WORDS FROM "WATERMELON"</p>	<p style="text-align: right;">19</p> <p>2:00 - ANDRE RIEU "LOVE IN VENICE" DVD</p> <p>6:45 – FUN FACTS WITH STAFF ON YOUR NEIGHBORHOODS</p>	<p style="text-align: right;">20</p> <p>2:00 - OUTDOOR WALK WITH STAFF (WATER PLANTS IF NEEDED) FOLLOWED BY REFRESHMENTS</p>	<p style="text-align: right;">21</p> <p>1:15 SIT & BE FIT & CRANIUM EXERCISES</p> <p>6:30 MONTHLY B-DAY PARTY W/B-APOSTLES</p>	<p style="text-align: right;">22</p> <p>10:15 STRETCHES & OUTDOOR WALK</p> <p>1:15 PICTURES AND FACTS ON ZOO ANIMALS</p>	<p style="text-align: right;">23</p> <p>2:00 – SING ALONG WITH SUSIE Q. DVD</p>	<p style="text-align: right;">24</p> <p>2:00 - AFTERNOON MATINEE IN GR (ELDERS CHOICE)</p>
<p style="text-align: right;">25</p> <p>2:00 AFTERNOON ANDRE RIEU DVD "THE HOMECOMING"</p>	<p style="text-align: right;">26</p> <p>10:15 SIT N' DANCE VIDEO & FINISH THE LINES</p> <p>1:15 BEAN BAG/WASHER TOSS</p>	<p style="text-align: right;">27</p> <p>10:00 ZOO & LUNCH OUTING – WITH RAMBLIN ROSE</p> 	<p style="text-align: right;">28</p> <p>10:15 MORNING STRETCHES AND WORD GAME</p> <p>1:15 OUTDOOR LAWN DARTS</p>	<p style="text-align: right;">29</p> <p>1:15 AFTERNOON SING-A-LONG</p> <p>6:15 BINGO & REFRESHMENTS</p>	<p style="text-align: right;">30</p> <p>10:15 TAI CHI</p> <p>1:30 HAPPY HOUR WITH CAL WOOKEY</p>	<p style="text-align: right;">31</p> <p>10:15 EXERCISE CIRCLE</p> <p>1:15 LADDER BALL</p>

PLEASE SEE THE LIFE ENRICHMENT BOARD ~ ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORSEEN CIRCUMSTANCES